

KON-CAN Track and Field Event

MAK – IT – GO

(Mangalorean, African, Karachi, India, Goa)

Sunday July 12, 2026

730 Courtney Park Dr. W, Mississauga, Ontario, Canada L4W 1L9

We are pleased to announce the **KON-CAN Track and Field Event**, a community initiative aimed at encouraging youth to participate in athletics, develop confidence, and showcase their talents in a supportive and inclusive environment.

This long-awaited event will bring together young athletes from our communities to compete in a variety of track and field events. Our goal is to inspire participation, promote healthy competition, and provide opportunities for youth to take their athletic interests to the next level.

We warmly invite community associations, families, and supporters to participate and help make this event a memorable and successful experience for our youth.

The attached schedule outlines the various events, including age groups, distances, and timing for each competition.

Admission and participation are FREE and all AGES from 3-90+ are welcome!

Participants are encouraged to look at the individual events listed in our Program. Once they have narrowed down as to which events they would like to participate in, they are to contact:

Ted De Souza

Phone: (905) 654-3658

Email: teddesouza@rogers.com

Important Information for Participants

- Those wishing to pitch tents due to the hot weather should arrive early to secure space.
- Participants and families are encouraged to bring their own lunch and chairs for the day.
- A Medical Team will be present onsite to ensure the safety and well-being of all athletes and attendees.

Sponsorship & Donation Request

To make this event possible, we are seeking the support of community members, businesses, and organizations through sponsorships and donations.

Funds raised will help cover essential event costs, including venue rental, medals for participants, officiating support, and event logistics.

Estimated Event Costs

<u>Item</u>	<u>Cost</u>
Stadium rental & insurance (9:00 AM – 5:00 PM)	\$2000
Medals (300)	\$850
Lunch for officials (approx. 60)	\$600
Timekeeper services	\$500
Miscellaneous expenses (water + St. John's Ambulance donation)	\$300
ESTIMATED TOTAL	\$4,300

Your generosity and referrals for potential donors would be greatly appreciated.

Sponsor Recognition

Sponsors and donors will be recognized through:

- Social media announcements
- Community mass emails
- Recognition in the official event program

Program Advertisement Opportunities

- **Half Page** – \$50
- **Full Page** – \$100
- **Front Cover** – \$500
- **Inside Cover** – \$500

Donations of *any amount* are welcome and greatly appreciated.

If you are interested in supporting this event, please contact by April 15, 2026:

Mario De Souza – Treasurer

Phone: (905) 507-8452

E-transfer: MariodeSouza5922@gmail.com

For any further information please contact:

Leo Lopes

Phone: (905) 609-5466

Email: leo.lopes@hotmail.com

Thank you for considering our event,

Sincerely

The MAK-IT-GO Organizing Committee:

Leo Lopes

Daryn Fernandes

Trevor D'Silva

Clayton Fernandes

Daryl Alves

Janet DeSouza

Dr. Quincy Almeida

Suzie Pereira

Maria Scupham